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AMENDMENTS TO THE CLAIMS

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1. (Previously Presented) A method of inducing an insulin sensitizing or insulin mimetic effect in a tissue of a patient, the method comprising administering to the patient 4hydroxyisoleucine of formula

and/or the lactonic form thereof.

- 2. (Previously Presented) The method of claim 1, characterised in that said 4hydroxyisoleucine and/or lactonic form thereof exercises an insulin mimetic and/or insulinsensitizing effect at the level of a peripheral target tissue of insulin.
- 3. (Previously Presented) The method of claim 1, characterised in that said 4hydroxyisoleucine and/or lactonic form thereof reduces phosphatase activity associated with the signaling route of the insulin receptor, and/or stimulates PI 3-kinase activity on IRS-1 and/or IRS-2.
 - 4. (Canceled).
- 5. (Previously Presented) The method of claim 1, characterised in that the 4hydroxyisoleucine is presented in the form of its 2S, 3R, 4S isomer or the corresponding lactone.

- 6. (Previously Presented) The method of claim 1, wherein the patient has or is at risk of developing insulin resistance.
- 7. (Previously Presented) The method of claim 1, wherein the patient has or is at risk of developing one or more of the syndromes associated with insulin resistance.
- 8. (Previously Presented) The method of claim 1, wherein the patient has or is at risk of developing hyperinsulinemia.
- (Previously Presented) The method of claim 1, wherein the patient has or is at risk of developing insulin resistance associated with ageing.
- 10. (Previously Presented) The method of claim 1, wherein the patient has or is at risk of developing one or more of the illnesses associated with obesity.
 - 11. (Canceled).
- 12. (Previously Presented) The method of claim 1, wherein the patient has or is at risk of developing diabetes.
- 13. (Previously Presented) The method of claim 1, wherein administration of the 4hydroxyisoleucine and/or lactonic form thereof reduces the need of the patient for exogenic

insulin.

14. (Previously Presented) Pharmaceutical composition or kit comprising both insulin and 4-hydroxyisoleucine of formula

and/or the lactonic form thereof.

15. (Previously Presented) A method of inducing an insulin sensitizing effect in a tissue of a patient, the method comprising administering to the patient 4-hydroxyisoleucine of formula

and/or the lactonic form thereof.

16. (Previously Presented) A method of inducing an insulin mimetic effect in a tissue of a patient, the method comprising administering to the patient 4-hydroxyisoleucine of formula

and/or the lactonic form thereof.

17. (Previously Presented) The method of claim 1, further comprising administering insulin to the patient.

- 18. (Previously Presented) The method of claim 1, wherein the 4-hydroxyisoleucine and/or lactonic form thereof is orally administered to the patient.
- 19. (Previously Presented) The method of claim 1, wherein the 4-hydroxyisoleucine and/or lactonic form thereof is administered to the patient two times per day.
- 20. (Previously Presented) The method of claim 1, wherein the 4-hydroxyisoleucine and/or lactonic form thereof is administered to the patient three times per day.
- 21. (Previously Presented) The method of claim 1, wherein the 4-hydroxyisoleucine and/or lactonic form thereof is administered in the form of a capsule.
- 22. (Previously Presented) The method of claim 1, wherein the 4-hydroxyisoleucine and/or lactonic form thereof is administered in the form of a tablet.
- 23. (Previously Presented) A method of treating diabetes by inducing an insulin sensitizing or insulin mimetic effect in a tissue of a patient, the method comprising administering to the patient 4-hydroxyisoleucine of formula

and/or the lactonic form thereof.